

PINPOST 3 MONTH – In-Home Interview Table of Contents

Prefill information – from prenatal interviews

Preliminary Information (done by interviewer)

1. date/ time of interview
 2. Introduction
- A. Infant health and feeding
- B. Mother's health status
1. contraception
 2. medications
 3. organized weight loss program
 4. fractured bones
 5. menstrual period
- C. Eating Attitudes Test – **any publications using these data should acknowledge the source** of the instrument: *Garner DM, Garfinkel PE. The Eating Attitudes Test: an index of the symptoms of anorexia nervosa. Psychol Med 1979;9:273-9.*
- D. Vitamins and supplements
- E. Tobacco and drug use
- F. Edinburgh Postnatal Depression Scale– **any publications using these data should acknowledge the source** of the instrument: *Cox JL, Holden JM, Sagovsky R. Detection of postnatal depression. Development of the 10-item Edinburgh Postnatal Depression Scale. Br J Psychiatry 1987;150:782-786. [alternate source: Cox JL, Holden J. Perinatal Mental Health: A Guide to the Edinburgh Postnatal Depression Scale. London: Gaskell, 2003.]*
- G. Household update
1. current marital status, cohabitation
 2. household composition
 3. current student
 4. job history (maternity leave, return to school, return to work)
 5. child care
 6. household income
- H. Health insurance

Body Image cards

- I. Sleep quality and quantity
- J. [Section reserved for use at the 12-month interview; no 3-month questions]
- K. Physical activity
1. opinions on physical activity and weight loss after pregnancy
 2. work and occupational activity
 3. recreational activity
 4. outdoor household activity
 5. indoor household activity
 6. child and adult care activities

- 7. transportation activity
 - 8. walking, stairs, and sedentary activity
 - 9. other physical activity
 - 10. barriers and aids to activity
 - 11. health professional counseling about exercise
 - 12. health and non-health professional counseling about weight loss
- L. Cohen's Perceived Stress Scale -- **any publications using these data should acknowledge the source** of the instrument: *Cohen S, Kamarck T, Mermelstein R. A global measure of perceived stress. J Health Soc Behav 1983;24:385-96.*
- M. Support
- 1. partner and other person
 - 2. partner attitudes about woman's weight
- N. State Anxiety Inventory -- this instrument has a copyright associated with it and **INSTRUMENT SHOULD NOT BE COPIED.** **Any publications using these data should acknowledge the source** of the instrument: *Spielberger CD. Manual for the State-Trait Anxiety Inventory. Palo Alto CA: Consulting Psychologists Press; 1983.*
- O. Participation in federal programs, economic assistance
- P. [Section reserved for use at the 12-month interview; no 3-month questions]
- Q. Neighborhood questions – [only completed if not completed for the specific neighborhood in the prenatal interview]
- 1. neighborhood attributes (e.g., sidewalks)
 - 2. perceptions of neighborhood safety (developed by Irva Hertz-Picciotto)
 - 3. perceptions of neighborhood -- appearance, interaction (from Jenny Culhane)
- R. Awareness of community facilities
- S. Food market location and eating patterns
- V. Subject's assessment of recall & concerns
- Z. Interviewer assessment of the interview
- Measurements – woman's physical measures (height, weight), and GPS measure of her house location