

Main Data Record

NOTE: SAS label appears in caps, while the actual question from the questionnaire appears in lower case. These data are found in SAS data set v1main.xXX, where XX = most updated SAS export file extension number.

| Var Name | Len | Label | Comments |
|---|-----|--|---|
| SECTION C: EATING ATTITUDES TEST | | | |
| V1SELF_C | 2 | SECTION C SELF-ADMINISTERED? | 1 = participant chose to self-administer 2 = interviewer/participant declined to self-administer 8 = not sure who administered because paper copy did not indicate 92 = this variable not yet added to interview NOTE: this section can be self-administered by the participant. The interviewer may choose not to give the participant this option. <i>This variable added 10 September 2003.</i> |
| V1C1 | 1 | TERRIFIED ABOUT BEING OVERWEIGHT QUESTION: C1. I am terrified about being overweight. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C2 | 1 | AVOID EATING WHEN HUNGRY QUESTION: C2. I avoid eating when I am hungry. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C3 | 1 | FIND SELF PREOCCUPIED WITH FOOD QUESTION: C3. I find myself preoccupied with food. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C4 | 1 | GONE ON EAT BINGES WHERE FEEL CAN'T STOP QUESTION: C4. I have gone on eating binges where I feel that I may not be able to stop. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C5 | 1 | CUT FOOD INTO SMALL PIECES QUESTION: C5. I cut my food into small pieces. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |

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| Var Name | Len | Label | Comments |
|-----------------|------------|---|---|
| V1C6 | 1 | <p>AWARE OF CALORIE CONTENT OF FOOD EAT</p> <p>QUESTION: C6. I am aware of the calorie content of foods that I eat.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C7 | 1 | <p>AVOID FOODS WITH HIGH CARB CONTENT</p> <p>QUESTION: C7. I particularly avoid foods with high carbohydrate content (e.g. bread, potatoes, rice, etc.)</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C8 | 1 | <p>FEEL OTHERS PREFER I ATE MORE</p> <p>QUESTION: C8. I feel that others would prefer if I ate more.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C9 | 1 | <p>VOMIT AFTER HAVE EATEN</p> <p>QUESTION: C9. I vomit after I have eaten.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C10 | 1 | <p>FEEL EXTREMELY GUILTY AFTER EATING</p> <p>QUESTION: C10. I feel extremely guilty after eating.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C11 | 1 | <p>PREOCCUPIED W/ DESIRE TO BE THINNER</p> <p>QUESTION: C11. I am preoccupied with a desire to be thinner.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C12 | 1 | <p>THINK ABOUT BURNING KCAL WHEN EXERCISE</p> <p>QUESTION: C12. I think about burning up calories when I exercise.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |
| V1C13 | 1 | <p>OTHERS THINK I'M TOO THIN</p> <p>QUESTION: C13. Other people think I'm too thin.</p> | <p>1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never</p> |

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|----------|-----|---|---|
| V1C14 | 1 | PREOCCUPIED W/ THOUGHT OF FAT ON MY BODY QUESTION: C14. I am preoccupied with the thought of having fat on my body. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C15 | 1 | TAKE LONGER THAN OTHERS TO EAT MEALS QUESTION: C15. I take longer than others to eat my meals. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C16 | 1 | AVOID FOODS W/ SUGAR IN THEM QUESTION: C16. I avoid foods with sugar in them. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C17 | 1 | EAT DIET FOODS QUESTION: C17. I eat diet foods. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C18 | 1 | FEEL FOOD CONTROLS MY LIFE QUESTION: C18. I feel that food controls my life. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C19 | 1 | DISPLAY SELF-CONTROL AROUND FOOD QUESTION: C19. I display self-control around food. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C20 | 1 | FEEL THAT OTHERS PRESSURE ME TO EAT QUESTION: C20. I feel that others pressure me to eat. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C21 | 1 | GIVE TOO MUCH THOUGHT AND TIME TO FOOD QUESTION: C21. I give too much thought and time to food. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C22 | 1 | FEEL UNCOMFORTABLE ABOUT EATING SWEETS QUESTION: C22. I feel uncomfortable about eating sweets. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |

| Var Name | Len | Label | Comments |
|-----------------|------------|---|---|
| V1C23 | 1 | ENGAGE IN DIETING BEHAVIOR QUESTION: C23. I engage in dieting behavior. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C24 | 1 | LIKE MY STOMACH TO BE EMPTY QUESTION: C24. I like my stomach to be empty. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C25 | 1 | ENJOY TRYING NEW RICH FOODS QUESTION: C25. I enjoy trying new rich foods. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |
| V1C26 | 1 | HAVE IMPULSE TO VOMIT AFTER MEALS QUESTION: C26. I have the impulse to vomit after meals. | 1 = always 2 = very often 3 = often 4 = sometimes 5 = rarely 6 = never |